



## Home Group Discussion Guide- March 20-26, 2022– Speak Truth to One Another

**Devotion:** I read a story recently about a very highly motivated Christian business owner in her late 40s who suffered a heart attack. As she lay in her hospital bed, she had lots of time to think about both her business and her personal priorities. She knew things had to change and boy did they ever. She hired a maid, cut her clientele in half, worked a mere 20 hours per week, significantly raised her prices, and made 8 hours of sleep each night non-negotiable. In three months, she tripled her previous monthly revenue. She also strengthened her relationships with her husband and kids, spending true quality time with them vs. just being physically present while juggling a laptop and cell phone. She was a new woman as her life was now witness.

Perhaps not everyone who would follow this model of radical change would experience an outcome to this same degree (at least business-wise), but it's a great illustration of how our minds guide our living. This woman's life drastically changed because her thinking drastically changed. After her recovery, she spent her time on the things that really mattered, both at home and at work. She went from cardiac arrest to having a heart that lived out God's love more faithfully. Her mind had been renewed and along with it came her actions. Similarly, when we became Christians, we were also renewed. And as a renewed community, we are called to be different than what we were before—very different, as a matter of fact! Charles Spurgeon nailed it when he said, "If you are renewed by grace, and were to meet your old self, I am sure you would be very anxious to get out of his company."

### **Scripture – Read Ephesians 4:22-28**

- What particular part of us does Paul inform us is the locus of our renewal? Why do you think that is?
- How is honesty (or lack of) tied to the renewal of which Paul speaks? In what ways does honesty undergird a godly community?
- How well do you do with honesty when it reveals something negative about you? Does it matter who the source is if it's true? How might this change your thinking (the renewal of the spirit of your mind (vs. 23))?

### **How is it with your soul?**

- Where have you seen God this week?
- Where have you struggled this week?
- How can you be open to God/the Holy Spirit this week?

### **Prayers**