



Breakfast Bags

In addition to weekday lunches, Meals on Wheels delivers Breakfast Bags to our most food insecure seniors. 100% of these nonperishable meals are donated by groups and individuals like you. Our goal is to serve 1,000 Breakfast Bags weekly.

Here's how you can help:

Gather your family, friends, or organization for a super fun service project on your own time and in your own space!

Decorate brown lunch bags, using your creativity to help brighten the seniors' day.

Fill each bag with one each of the following:

(All items must be pre-packaged, nonperishable individual servings)

- 1 box of raisins
- 1 packet of instant oatmeal
- 1 peanut butter or cheese cracker sandwich packet
- 1 breakfast or cereal bar (no hard granola bars)

Roll each filled bag (burrito style)

Place all rolled paper sacks into one larger plastic bag

Deliver Breakfast Bags on October 17 &/or 24 to either of the following locations:

- Woodforest – Front Porch
- The Woodlands Campus – Loft Covered drive